

# How to use the dosage aerosol

## Cleaning:

Wipe the outer and inner sides of the mouthpiece once per week with a dry towel (no water).

## Storage:

Do not store above 25 °C after opening the bag and do not expose it to sun or frost.

## Inhaling properly step by step



Before inhalation, please check the dose counter, then remove the protective cap from the mouthpiece and check that the mouthpiece is free from foreign matter.



Exhale slowly and deeply – do not breathe into the inhaler.



Hold the inhaler with the thumb and fore- or middle finger (as illustrated). Enclose the mouthpiece with your lips and incline your head slightly backwards.



Press the active ingredient cartridge downwards in order to trigger the puff while simultaneously inhaling deeply and slowly through the mouth.



Hold your breath for 5-10 seconds or for as long as you can without difficulty.



Exhale through the nose or through your almost-closed lips (pursed-lips breathing). Put the protective cap on and again check the dose counter, which counts down with each puff. For a second puff, hold the inhaler upright for about half a minute and then repeat steps 2-6.

# Cleaning and storage

To ensure correct use of your Trimbow® dosage aerosol, please follow these important instructions carefully:

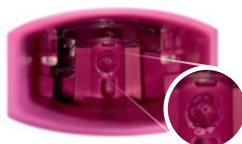


Clean the mouthpiece at least once a week, preferably after use. Use a **dry cloth** to wipe the outer surface and especially the inside around the spray nozzle thoroughly.

## Don't use water!



When exposed to moisture, the active ingredient beclometasone dipropionate may form white insoluble crystals, which can build up as stubborn deposits in the spray nozzle. These blockages are usually caused by: Exhaling into the inhaler, insufficient cleaning of the plastic mouthpiece or improper storage.



**Blocked nozzle**



**Clean nozzle** ✓



Before first use, store the inhaler (and multi-packs) in the refrigerator at 2–8 °C.

After first use, store the inhaler at room temperature (up to max. 25 °C) in a low-humidity environment. Do not store in the bathroom or kitchen and do not return to the refrigerator after first use.

For further details, please refer to the package leaflet or consult your doctor or pharmacist.

## Do you have a grey dosage aerosol?

You can also find a helpful video on optimal cleaning here:



## Do you have a pink dosage aerosol?

You can also find a helpful video on optimal cleaning here:

